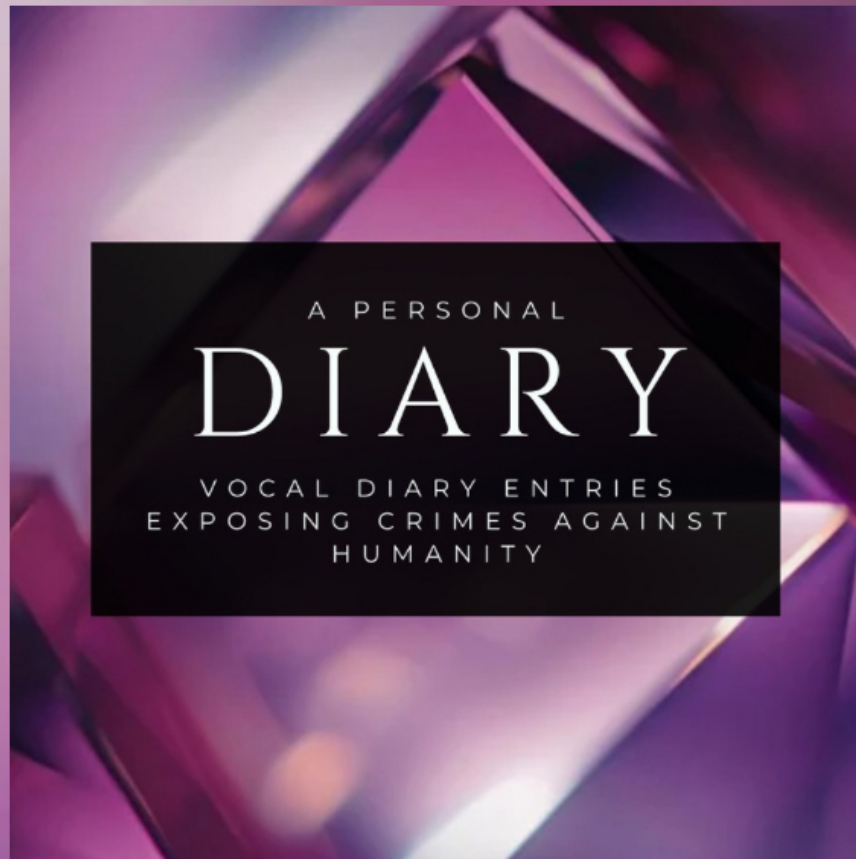


Speaking authentically and truthfully about the biggest crimes committed against humanity. This is the full journal Of Riza Harris displayed to the public to provide levels of exposure.



TARGETED INDIVIDUAL
ATTACK LOGS AND
WRITTEN ENTRIES OF
THE PERSONAL DIARY

RIZA HARRIS
TRUTHOFRIZA.COM



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WHO AM I?



My name is Riza Harris - by the time you read this my last name will probably be shifted. I have been forced into proaction and speaking outloud about the events in which I have experienced. I will never stop speaking the truth or outing everything I know about secret space programs from translocation abilities, remote viewing and my experiences with integrating SSP alters and healing the traumatic events that created the alters in the first place. I support everything global disclosure and the sovereignty of the angelic human race. If the subject that in which is discussed at hand does not support global disclosure or the freedoms that are our birthright, if it is not in alignment with Universal Natural Law then I DO NOT SUPPORT IT. I Stand for Planetary - Universal Liberation which includes speaking about some potential extremely heavy truths. I am only on this lame targeting program because of my innate psychic abilities, my high levels of DNA activation which the government wants to suppress. I am a Maji Grail Queen in human form serving Cosmic Mother and Cosmic Father which makes me a MASSIVE threat to Negative Alien Factions as I have the ability to decimate their consciousness. I will continue wiping the floor and wiping out Negative Alien Racelines being a protector of Humanity's Freedom.

THE MISSION STATEMENT:

My Mission Statement (what I want to live my life by..) It is my mission to simply express myself in my most authentic manner and embodiment regarding the experiences that are from military abductions, secret space programs, or the totally insane and asinine targeting program because of my fully activated higher sensory perception abilities, genetic race line, and spiritual origins. You see, I come from the God Worlds. I am an embodied Paradise Sun living in human form with mission strands of returning the natural Gardens of Eden back to all of humanity with my partner. I will complete all mission tasks that I have been designed to carry out in service to our one and true GOD. The True God force that is protecting me. That is what I serve, I serve God. I serve the Christos Mission at my highest Capacity.

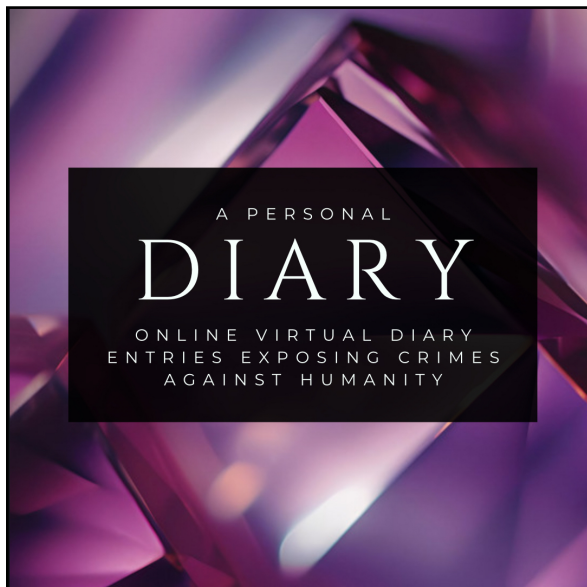
- DAILY VOW -

I commit to serve my highest power, I commit to embodying my highest spiritual potentials and cosmic power. I commit to serving my body as deeply as I can. I commit to actualizing my highest power and the embodiment of my Christ Avatar Self, My Holy Godself embodied as a Paradise Sun here and now.

- Forever and Always.

THE PERSONAL DIARY - AUDIO ENTRIES

These are my personal diary entries in audio format. These audio recordings through the years have provided me with deep healing as I have moved into a stage in the targeting program where I am isolated from others. Some of the isolation is my choosing because I do not want to bring my family members into the insidious targeting tactics like mind control and smear campaigns. I do plan to start talking to my family more in the future timeline regardless of what mind control could be used on them. For the most part I like to speak frequently rather than write (speaking is faster). I am fully focused on the completion of my world service missions which includes learning to embody more streamlined while being attacked from all different directions. Clarity In Truth Youtube Channel is my area to express truth with my husband and post evidence streamers of this LAME targeting program.



TIMELINE OF ATTACKS 2023-PRESENT

2023

ARKANSAS (HOT SPRINGS) SEPT 2022-OCT 2022

- People being mind controlled to disrupt our privacy (this is done through wifi and cell phone towers to control their autonomic and automatic responses- Forced Speech and Controlled Movements) Privacy would get disrupted while having sex- knocking on doors, asking to come in and inspect the place (it made no sense- they said that they were air conditioning companies)

MISSOURI (LAKE OZARK) NOV 2022-FEB 2023

- Black Helicopters showing up during hiking trips, black military helicopters about once a week flying over our condo at the time
- Privacy problems by people walking in (saying they need to check the air and it's the monthly check in, didn't know if someone was living there or not excuse)
- Weather Manipulation (directed harsh winds with mind control subsets contained in the clouds - made by NEXRADs, cloud seeders, cell phone towers)

GEORGIA (CLARKSVILLE) MAR-MAY 2023

- An older couple showed up to the house, while we were having sex AGAIN, they wanted to see the house we were staying at, they said it was for sale online??? (Mind Control) we were unaware at this time of the list but started asking questions and feeling like reality was getting really odd....
- Wifi Attack and EMF Forced Orgasms - Sexual Assault through WiFi (we weren't able to turn the WiFi off at this location) Constant forced orgasms with my husband while he was sleeping, trying to force him into spilling his sacred life force. Orgasms forced almost every night and trying to force ejaculation through dream/astral sexual harassment.

GEORGIA (BLUE RIDGE / ELLIJAY) MAY 2-18 2023

- Black Mold problems in house that grew extremely fast in the shower. Had to leave because of the black mold upstairs and downstairs on the wooden beams. Owner of home said he had never experienced anything like this after the owner lived in the house we rented for two years. We started experiencing mold illness issues with tightness of breath and brain fog so we had to leave and move out. It didn't make sense how the black mold covered the entire shower within two days, the growth was absolutely abnormal. I started doing grid working projects with Krystal Star and do not make the connection of an attack being through black mold.

FLORIDA (BOYNTON BEACH) MAY20-OCT2023

(started turning off/unplugging the wifi at every location, this became a nonnegotiable for us)

- Constant Black Mold & AC Problems AGAIN, the mold just started growing insanely fast in the upstairs bedroom and bathroom.

- People constantly coming into the house due to the mold and AC problems. Every single time they would come into the house they would drop off negative entities and if they were vaccinated they would try to get a good look at me by constantly staring at me. The biosensors in their blood stream from the vaccine was used as a weapon. At the time I was activating solar dragon founder consciousness on my Indigo 1 contract.
- A lunar woman started stabbing me with pencils through the astral in my sleep state and I felt it connected into my physical body here on earth. I started learning how to set the space accordingly and transit negative entities and such through etheric surgery tools.
- Power outage, people had to come in AGAIN and fix the power. We never could get privacy. There was always some reason that someone had to come inside of the home and disrupt our privacy even if it was a random house showing.
- Husband finishes his indigo 3 contract and is moved to an Indigo 2 contract.
- Husband went from 190 lbs to 230 lbs in less than 2 months, with no changes in diet or exercise, we found out later this was someone messing with his physical templates for defamation and suppression of the male body going through spiritual activations.
- Weather Manipulation (targeted thunderstorms every-night, thunder mind control-black cube demonic warfare) I had to learn how to dismantle demonic structures with my mind.
- Mind Control Real Estate Showings - people constantly going in and out. Wasn't our house so we didn't have a say. These real estate showings would pop up when I had to conduct new grid working sessions and projects. I ended up doing these projects in the car for a mission success.
- A shark in water, extremely close to us. I saw the fin flap ontop of the water when I used to swim at this beach location every morning. Didn't feel inclined to continue swimming in the ocean after being that close to the shark. (still working on my fear of animals being mind controlled to harm my body)
- Ants, cockroaches everywhere, big bug problems started happening. Ants would just start popping up everywhere. Owner kept saying that she had never had this problem before are we keeping the place clean? Ants sprouting from every corner during the night time, cockroaches and spiders crawling everywhere in the house. It was like someone was portaling them in.

Notification of being added to the TI List August 2023 when we found out about it.

FLORIDA (BOYNTON BEACH) FULL REFUND

- Place was uncleaned- dog hair every where. smelled like dogs, dirty, lied about WiFi, refuses to turn it off and locked it in a closet. Had to leave because he wouldn't turn the WiFi off. This host, after telling us that we could turn the WiFi off refused to turn the WiFi off and locked it in a closet. Also sat in his car and watched us for a prolonged amount of time. Found an etheric AI nest under house running off of the wifi to create emf broadcasters and virtual reality sex rooms linked up to the cities 5g Nodal network and cell towers. Hosts had a Nordic SRA Demonic interfacing with me through speech and negative entity attachment most likely from being vaccinated with alien metallics Attempted cash grab - Airbnb gave us a full

refund. The host didn't want to give us a refund because he told us that there is nothing wrong with the place even after telling him we cannot stay here with the wifi on. He proceeded to call us uptight and complicated since we wanted the wifi off.

- Extremely rude and hostile individual, kept trying to meet and talk with Riza offline while husband was on the phone with Airbnb.
- I started having some really rude interactions with people, I am normally extremely socially and I get along with people really well, I noticed after this list that people started being abhorrently rude.

FLORIDA (DELRAY BEACH) OCT2-8 2023

- Went to the bank- All of the ladies at the bank kept starring me down and kept telling me that I can't take money out there and my card doesn't work. They kept talking to me as if I was a woman that was stupid and didn't know what she was doing. Each and every woman in that bank was most likely vaccinated and they were very hateful talking through forced speech. Cell phone tower right behind the bank. They asked me if I had gotten paid recently- the mockery was so odd because ever since this list we have been living paycheck to paycheck from the cash grabs, attempt to drain our accounts, and financial depletion.
- Locked bank accounts, all cards were seemingly locked for no reason? When I called my banks they told me that they had no idea why my cards and ability to use person to person payments was locked and wouldn't work. Had to go pull out cash to pay for rent and food items at another bank. We went to a different bank, a chase bank and pulled the money out just fine with no issues.
- Physical body attack on husband (tailbone lit on fire and in pain- had to use Quickstep PDD to remove pain inserts that were inserted through the astral)
- Started sleeping in separate beds due to spiritual attacks and dream manipulation when we would sleep together in same bed. If we slept together in the same bed we both would have extremely vivid nightmares that would drain all of our energy and it just felt like getting slapped or ran over by a bus every night. I would wake up and my entire body would be sore as if I just got beat up.
- We decided to start sleeping in separate beds at night to see what changed and the dreams did change. This was our way of working through the mess that our life was turning into.

FLORIDA (DELRAY BEACH)

- 5G beam steering from 5G Node (had to immediately leave the house once started - found 5g node placed behind house 100 ft away)
- Cash grab -500\$
- Mind controlled host to be extremely rude , not to give us a refund at all - eventually received our money back everything but 500\$. individual had enki, man child programming. Host turned into a complete rude and mean individual over money, not to include he was an active cop/ police man and lied the entire time. Limbic system control through wifi routers and cell towers near individual.
- Mind control tracker, person came to the door and knocked (gang stalker) person to fix toilet, knocking and knocking wanting to go around the property, refused to go away (fusion center potentially sent person) the person said he was going to call the

owner- there was no toilet to be fixed including the fact that this person knocked 7 times.

FLORIDA (CAPE CORAL) 1 DAY STAY FULL REFUND

- Pigeon Hole to this location with the Negative aliens booking out other Airbnb Locations which created a pigeon hole. At the time of booking right before booking the place we were going to go it got booked out by someone else and we were forced to go to this other location that the host said we could stay at a discounted price. We arrived and there was a Cell phone tower in front yard, 1 mile away from house. Continued 5g beam steering had to leave that place. Told the house owner and they too wanted to give no refund potential cash grab- But failed. Beam steering entire time. We got a refund from Airbnb. We had to talk the hosts into giving us a full refund because that is what money we only had. The woman was being extremely rude. I've noticed on this list everyone just treats you like bottom barrel trash. They are consistently looking at me rudely, staring at me, talking to me rudely, no compassion, no understanding, no regard for other life forms and it's because 100% of the time they are vaccinated and their body can be walked into at anytime by negative aliens and demonic spirits. I now stay far away from any human interaction because it always ends up in somebodies shadow or demonic spirits trying to bring me out of peace and neutrality. (best friends already started acting insanely rude and left my life- Riza's social life went to zero as every one she was close to just started acting insanely rude)
- Krystal Star Family Wedding ceremony approaching while being beamed steered
- Still constant beam steering, not sleeping in same beds due to harassment from dreams

FLORIDA (NOKOMIS CABIN) 2 WEEKS

- Continued beam steering radio waves, 5g waves and from satellites
- Through hosts WiFi they used FFR and pumped Pedophillia programming into our hosts, that we were trying to harm her young kids. extreme levels of defamation, husband from host kept on checking on us and talking to us trying to figure out if we were harming their kids. At one point I thought the cops were going to be called on us because of all the mind control running. I can feel it begin to wrap around me. Started 12D shielding every single hosts from then on out and doing weekly clearings on hosts to keep mind control levels down. We really just wanted our privacy. Still getting beam steered the entire time from satellites trying to figure out how to keep our health and vitality. They implanted thoughts into our host from WiFi routers. They went to bed and woke up a complete different person. Completely different person, even their texting was so off.
- Spy birds and crows (using spy crows for the first time) would sit right outside our airbnb and just watch me, follow me when I would walk into the forest, always was looking at me (Riza) If there was a way to look at me through a window it would perch right there and look inside of the house. The crows and birds would run feed back loops to non physical entities residing on another planet. You can see their implants coming from their eyes and central brain complex Etherically.

“All of the WiFi mind control is directed from military astral operators and EMF frequencies “ people get mind controlled while they at sleeping from the astral link up of REM Sleep”

FLORIDA (LA BELLE) TWO WEEKS

Finally found Black Dragon that was connected to the 5g Beam Steering. This black dragon false queen would use all 5g nodes, cell phone towers in the area , Florida all the way to the cusp of New York City with her false wings and tail she would modulate the EMFs and use it as weaponry against my body. Pulsing and splitting DNA ladder bonds with the 5g weaponry.

- Cash Grab (host only wanted to give us back 100\$ when we paid 5k) when we arrived the entire place was in shambles, no running water, couldn't drink or shower in the water. No washing your clothes the water was absolutely rancid and burned the skin when you touched it to wash dishes. None of this was in the description of the Airbnb. Washed our body with camping wipes/ body wipes.
- Cockroaches everywhere , killed at least 5 cockroaches a day. Had to take it up with Airbnb for a refund in order to move and get out of that place.
- Mind control of host To take over communications and never listen to what was happening at the house
- Stayed for 2 weeks in order to conduct needed grid work (had to repair my health from beam steering in order to transit the being beam steering us) to transit the black dragon queen that was using 5g nodes to beam steer us. Immediately after transiting the Black Dragon the 5g beaming stopped forever onward.

FLORIDA (SARASOTA) NOV-DEC2023

Every place we move into we HAVE to have the wifi off at all costs. We never plug it in due to it being weaponized against us. We stay away from cellphone towers and wifi routers.

- First hour we arrived the host called us and told us to turn back on the wifi (so he could look through the cameras posted on the house) after having an extensive conversation about why we don't have it on in the first place. Told us that we need to turn it back on- all of this was Mind control. Reply was we actually cannot due to health concerns. The owner of the house then came by the house unannounced knocking on the doors, looking in the windows. Then texted me why I didn't answer the door. Very odd behavior.
- Mind controlled Owner come by house unannounced
- Random people picking up sticks killing emerald flowers in yards (this was right after after I worked with elementals on a grid working project)
- Neighbors dog jumping in pool , the entire pool was screened in so the neighbor actually had to open the door in order to let the dog swim in our pool that we owned. Dog was used to drop off etheric implants. Dog had some type of mRNA weapon injected into it. Black nanobotty like spiders etherically all in the pool running everywhere before transiting them.
- Noise campaign from nearby party , noise campaigns start , people blaring really loud music, people outside all the time when we are outside. They only come outside when we come outside. Talking on the phone super loud and cussing. People just

always around us and way too close. Privacy constantly disrupted. Loud cars racing by main road, never heard so many loud engines and honks for what reason?

- People parked in our driveway looked in all windows, no knocking had to go outside and address the people. They said they were interested in renting the place so came by to take a look. These people literally looked into all windows and were preparing to walk around the back to continue looking.

(so many people knocking on doors - now we have a sign that says do NOT knock or look in windows , posted on the front door and windows of every place)

- Black Helicopters started making rounds (One night two hours of constant hovering)this was when I remember seeing black military helicopters hover over the house every single day. I wasn't for sure what they were doing at this time.
- Noticed our phones were being used to spy on us the camera and microphone notifications would be on all the time when we weren't on our phone for more than 30 min. Phones tapped.
- At the tail end of our stay a cell tower started 5g beam steering us (I was doing a grid working project CHRISTMAS2023) that was taken care of and stopped upon departure after grid session was completed.
- Military , black helicopters flying right over house daily ongoing and present ** didnt start recording them until JUNE2024**

2024

FLORIDA (VENICE)JAN2024

- Hosts ordering packages to our location and picking them up really late at night , passed midnight (privacy disrupted) people picking up packages really loud on front porch 2 AM. New year's night , drunk & vaccinated
- Hosts coming by the house un announced. After discussing that we need more than 24 hrs inadvance to be notified that you need to come by the house. Hosts still ignored our requests. The hosts came by the house to "check " on the house several Times, unannounced , doing yard work and trying to clean the yard without telling us. Just showing up randomly. And the woman kept wanting to meet me, each time I told her I was absolutely unavailable. They replied that I was acting weird since I didn't want to meet. So many times where I see hosts just nonstop want to see and meet me(Riza)
- Noise campaigns through cars , planes , loud people blaring music all the time, honking their cars, shouting rude things out the car.
- CIA type black car spying (I decidedly like they were doing some type of electronic surveillance, spying) the car pulled up to the house , watched us overnight until I saw the car out the window and popped a 12D shield on the car. Car then drove away immediately. IMMEDIATELY.
- Spy hawks / doves. Birds that fly with cameras hooked up to them. The cameras can be seen Inter-dimensionally.

- Military helicopters using Anti-HG , to induce fighting and anger , these helicopters had demonic essences attached to the helicopters and would spray various implants all over the house that would attack our light body and the amount of solar plasma we could run.
- military Grade Chemical Gassing (no running water, can't shower) gassing went on for 1 week until it got unbearable.
- Cash grab (6k) forced leaving due to military grade chemical gassing. When asking the hosts if the house smelled foul they said everything was fine. I was puzzled?? It wasn't until I learned about military gassing and chemical warfare that it all clicked in for me.
- Husbands grandmother got killed by these people who deploy the attacks, demonic essences took my husbands grandmother. A day before this happened I was having death threats via V2K about my biological family and my husbands and the V2K said that if I don't stop what I am doing I will kill everyone you know. Loud and clear like someone talking into a microphone.
- Entire biological family got mind controlled to put in a fake missing person report after just recently talking to them two weeks ago. They put the missing persons report in because they were worried about my safety with my husband. They completely defamed my husband and connected him to sex trafficking on the police report. death threats to family, if I talk to my family Negative aliens (NA) will kill them. (my husbands grandmother got killed by the NA so we shut down all contact with family members and blocked all of them from having any contact with us)
- Police calling phones from missing persons report name now all in the system and it was nuts to see so much defamation.
- Timeline Rip, all of the above happened in ONE Day ! Being chemically gassed out of a house, cash grabbed 5k , hosts coming into the house unannounced, family members texting us worried about trying to get close to us(they were all blocked) police calling about the missing persons report, driving to a new place that was booked in 30 minutes. Driving 5 hours to a new location. Packed everything up in like 20 minutes because the hosts was coming to the house randomly. Had to leave that place. I mean it was total chaos everything was blowing up around me.
- This was when black military helicopter and helicopters would come over the house at-least 2-3 times a day , daily.
- This is the place I evicted the demon from the genital mutilation surgery also known as circumcision surgery.

****All of this is military based targeted weaponry****

DRIVING ON ROUTE TO NEXT PLACE :

- a complete set up. Cop said we were driving almost 75 on a 35. I know we were driving 40. When talking to the cop she was extremely rude , wouldn't show us the radar in which she caught us going 75. Wouldn't give any evidence as to how we were going 75. She then handed us a fake speeding ticket after standing up for ourselves. Told us we didn't have to go to court because she wanted to be nice. She then touched my hand and my diamond throat complex that I had been working on building, the entity behind this lunar woman giving us a speeding ticket went right into

my vessel as a full blown attack. We grabbed the ticket and drove away as quick as possible. I had to do a spiritual deliverance with guardian host function to evict the demonic essence and then go retrieve my anointed diamond dragon tongue complex for Mother Dragon Dialects

- Fake Speeding ticket, set up - ripped out diamond throat complex , cash grab 200\$ after being gassed out the house, cash grabbed of 5k, and family members literally spiraling when they hadn't talked to me for only TWO WEEEEKSS!!!! I also texted the entire family what was going on. I knew that if I kept having communication with my family that they would get killed. It is nothing for these forces to set up a coincidental car crash, targeted heart attack, turn the kill switch on the vaccine that they had.... Plus I already saw it happen with my husbands grandmother. That really made me look at everything way deeper because they 100% killed her. They being NA red cube / black cube warfare

FLORIDA (INLET BEACH) FEB2024

- AI Terradactyls perched on cell towers beaming red pulses and red cube mindcontrol sets. A black dragon, dinosaur - terradactyl perching on all cell phone towers connected to 5G beaming the back of your head 24/7 and sending out red and black cube sets of mind control
- Immediately upon arriving people working in the yard "fixing the electricity "
- Tesla being used as a spy car - parked right in front of house with etheric cameras attached
- Spy cameras everywhere placed everywhere(etherically, these were all not seen to the human eye)
- Mind control neighbor to touch trashcans and pull them to the house after thirty minutes of the trash coming. Always touching our stuff trying to be niceall of these neighbors just started doing nice things- coming to the door wanting to meet us. Oh nice this and nice the other. No please leave us alone, please back away from my place with your vaccinated nano sensor blood. ***sometimes I can actively feel people's blood or sensors scanning for Christos coding***
- Cell phone tower not far at all from home we were staying at 0.3 miles from house.
- Noise campaigns , building houses as soon as we move in. Loud. popping of house from satellite. EMF Earthquakes for scare tactics. A lot of noise campaigns.
- Black military helicopters using all weaponry
- This is where microwaving started daily Genitals & lips being microwaved. Microwaved urethra opening, labias, entrance of vaginal canal, microwaving testicals until skin started sloughing off.
- Shut down Att&t for 5 hours - couldn't use phones to contact anyone. USA wide. It was during a time where I really needed to reach out to someone and our phones cut off completely. The timing was ... weird.
- Wifi router being installed next door(6g). This WiFi router was extremely strong. They used a 6g mesh system.

(Forced out , due to wifi beam steering)

Segway to our inner genders being MK Ultra Mind Controlled. They tried to take my inner genders off to another planet as well as scan with the WiFi my connection to Guardian Consciousness. All communication links were severed until we could get away

from the high powered WiFi router mesh system next door. I drove to a grocery store lot in order to hear our Christos family again for our next step.

- Cash grab 2,500\$ couldn't get full refund and couldn't stay there due to the 6g wifi router beam steering.
- So far total of cash grab has been like 8/9k through our entire journey of experiences with this list. Our finances have absolutely been depleted, -9k is a big difference. We always have to fight to get our money back it's like pulling teeth from these people. They all just never want to give refunds.
- My inner genders, when I would go conversate with them they would have a black butterfly over their mouth, black thymus implant and a blackened heart. I had to keep clearing these off of my inner gender principles in order for them to communicate with me what I needed to thrive. Eventually I noticed demonic essences literally kidnapping my inner gender essences and taking them away. They would always use microwave emf satellite weaponry targeted towards my crystal diamond heart complex. Physically this felt like someone taking a laser to my heart and burning it but no marks were left. It felt like my heart was getting cooked internally. This was a spiritual attack on my inner solar female and inner solar masculine. I had to go into the borgha fallen phantom matrix in order to retrieve my gender principles or parts of my soul that they were trying to be uploaded into some digital realm that I'm still figuring out. They used the satellite to burn some type of arm access band in order to even bring my genders into the phantom spaces. This is why they were targeting my heart. The microwave and emf burns are extremely dimensional. Beings can wave ride the EMFs. Once I got my inner genders back Guardian host assisted me in protecting my principles from the access of negative aliens from my inner godseed through indestructible rooms at my heart level.

*** through all of this my husband went through the worst forms of defamation. Through changing physical body templates forcibly these people Controlling interdimensional weaponry connected to demonic essences forced about 70 pounds onto my husbands body creating stretch marks all over him, the in ability to work out, they created some type of blood flow problem, all vascularity went away and they physically tried to feminize him by forcing extra weight on his hips, belly , and buttocks. This +70 pounds happened in 3 months, as well as creating a thin far back hairline forced and balding. When my husband tries to workout or work the weight off microwave weapons will start targeting his bones, and then the soreness form working out would increase like a million times as if you have arthritis and cant move your bones correctly***

I am still learning about how weaponry connected to demonic spirits were even able to do this in the first place against my husband's will. This is not my husband's doing.

FLORIDA (VERNON)MAR1-4 2024

- Etheric cell phone tower attempt installation
- Leaving place : dogs being used as trackers, people pulling over to check on us. Would not leave us alone. We only pulled over to fix our gps and which direction we were headed. People pulled over to "check if we were okay " three times. We then

only pulled over at local places to be on the phone. I keep seeing since being on this list that people try to get as close as possible to me - when I really just want my privacy and be left alone. Like let me just be alone and away from people. Even when I was living on a property with 450 acres the hosts still wanted to meet and greet with us as well as work on the property while we were there. The vaccine that is injected into people allows the nervous systems to be completely controlled by demonic essences and then when I interface with people who are vaccinated I am really interacting with demons being extremely rude and trying to get as close as possible to me. The people that pulled over to check on us were vaccinated and their biology kept spitting black carbon astral goo , black tar as a form of energetic attack. I found Etheric trash on the car and trackers from the person because the person had demonic essences. All Etheric Becuase they were vaccinated connected into the nearest 5g tower.

FLORIDA (DEFUNIAK SPRINGS) MARCH-APR4 2024

- airbag system function light messed with and malfunctioning via helicopters hitting the car with EMFs. We would have a helicopter pass , go check the car and the car function lights would be messed up.
- Possession on host to see and meet us
- Pulsing of roof , mouse found its way into the attic - created an annoying noise campaign of a mouse running around
- Mind control Hosts to come to the property constantly. Wanting to meet us.
- Black helicopters , military everyday.
- Weather manipulation, always timed storms when doing grid working projects. Thunder being used as communication with V2K tech.
- Microwaved genitals , microwaved eyes, all lashes fell out and became ultra thin. Regrowing them now via subliminals and castor oil. (**this was when I was building my plasma luminary eyes, fully illuminated dragon eye**)
- controlled sleep patterns through satellite beams. Artificial induced alertness, 24-48 hours no sleep body on artificial speed, waiting to get sleepy again.
- Artificial Earthquakes and shaking of the house below us, bedroom furniture shaking and vibrating.
- Our Instacart was beginning to be messed with. Every person we would get to buy our food would bring it to us warm, mess up the entire order- buy non organic foods that were never going to be eaten and then when we would try to get a refund Instacart would tell us we can't. From there on we haven't been able to get any refunds for things that they messed up. Cash grabbed several times around food items.
- Called my mother and family members and finally told them about the targeted individual list and how I can not talk to you right now for TBD because of the death threats and use of mind control against my family members. (I know they aren't strong enough to fight off the mind control they are using - in order to create more family drama) I decided to just close that door that could be exploited so that I could focus on my service missions in the midst of all this going on.

FLORIDA (OCALA) APR1-MAY1 2024

- Start of unmarked planes flying over the house , loud distinct sound , unmarked , white , personal planes
- Re-introduced sleeping in same rooms to test out dreaming situation. Halt on nightmares dreams. Bearable sleep , forced awake every 2/3 hours.
- Helicopters (5 in one day) helicopters started flying in the middle of the night at this location. 11 pm - 2 AM.
- Neighbors started acting really odd, every time I would go outside they would come outside too. It was noticeable here, or rather I started noticing it.
- AC unit and dishwasher repeatedly messed with and broken several times
- Microwaving of genitals
- For the first time a helicopter used X Ray technology against our body. Left us with severe headaches for a whole day (used an emf calibration to help)
- Controlled sleep patterns
- Drones flying over the house
- People coming up to the front door and walking away randomly
- Military Schnook flew three times over our house, I thought it was going to land in the backyard
- Every item we would order from Amazon would come messed up or not get delivered to us at all. Ordered four times an item in a glass jar and the bottom got blown out by a single round hole and all of the oil leaked out the blown hole. This happened three times.
- Helicopters deployed sleep gas- we worked out through the attacks so our body doesn't slow down

FLORIDA (KISSIMMEE) MAY1- JUN2 2024

- Spy owls, spy hawks, birds being used to spy on us relaying information into the astral dimensions and other planetary bodies home to negative alien groups
- Cessna Planes constantly over the house
- Helicopters in the middle of the night
- Timed lawnmowers and weed wackers when I'm meditating or doing sacred body work

FLORIDA (LEHIGH ACRES) JUN 2-JUL 2 2024

- helicopters with spray tanks attached
- Chemical spray attempts
- Roof started leaking
- Weather warfare directed to run Us out of the house
- Helicopters 7 in ONE DAY !!! Over house.
- Noise campaigns , every single time I would lay down to meditate the neighbor would start playing the drums loudly and birds gawking so loud.
- Constant planes
- Minimum of 3 helicopters a day
- We started recording and documenting EVERYTHING at this location

FLORIDA (KISSIMMEE) JUL2-AUG1 2024

- On the way to location 3 helicopters while driving
- Constant Planes mind controlled To go over the house
- AC unit manipulation
- Spy Owls & Hawks - birds being used as a noise campaign. These hawks would screech over and over and over again similar to a recorded loop. Extremely noticeable. Owl would only come fly to a near branch as soon as I (Riza) would come outside. I have also noticed while on this list that people try to see me and meet me , not so much my husband. It's like everyone has this odd fascination about me that ain't right. Sometimes I feel the vaccine scanning around for my code from inside peoples bodies. Ai code software stuff.
- Helicopter JUL. 14 2 AM constant circling for brain mapping for about an hour, woke up to it over the house. Trying to read all of our biometrics to upload us to AI servers- failed attempt
- Brain was extremely fuzzy and "felt melted" medulla and occipital area of my brain. My brain waves are still oscillating at a high rate though. It felt like what it feels like to get a MRI. Like a million different insert points moving in and out of the brain.
- Helicopter JUL26 constant orbiting for two hours trying to conduct brain mapping. Footage of it following us.
- Helicopter JUL30 constant orbiting by two helicopters trying to do brain scanning.

FLORIDA (KISSIMMEE) AUG1- SEPT 2024

- Making of the Emerald Toolkit, extreme sleep deprivation and dream harassment, bodily attacks to my husband to force his body to create diseases and pain
- Weather warfare, manmade tropical storm "Debby" pointed entirely where are location is. Had to dismantle the storm with my consciousness. Debby started forming 5 days after some Paradisian edenic crystal cavern grid working projects involving all Florida coastal crystal sands/ caverns.
- Bounty alert for our brain signatures
- Brute force emf weaponry to change our brain waves for brain mapping via helicopters. Brain mapping with ELFs and beaming with Radome system terraforming.
- Laser from satellite keeps breaking AC. Constant 77-78' degrees. Uncomfortable, sticky and hot. Ac is turning on and off constantly
- EMF weaponry to my endocrine system so that I am always cold and my husband is sweating all the time.
- All police counties across the state are using brute force emf weaponry against our bodies and trying to get our brain signatures using a Radome system mounted on the helicopter. 2D imaging into a 3D imaging brain mapping spacial computing program
- anybody we tell about this doesn't believe us and gaslights us... I am trying to speak as loud as I can about this and get some one to start investigating deeper about this. They beam steer our bodies so bad, we live under Mylar blankets daily and never can leave the house. I don't want to be seen without my Mylar blanket in order to deflect

their attacks. I've been speaking so loud about this and no personal investigator believes us. They just all think we are kooks. Have lost it and gone crazy.

- Puked twice from radiation poisoning. Appetite is gone. Fascia is dehydrated. Head hurts. Heart hurts. Entire body is just being penetrated. I have all the evidence who is doing it. I wake up with bruises all over my body now. I feel beat up and battered sometimes.
- Been trying to reach out to people with the evidence that we have and doors just keep getting slammed in our face. People aren't willing to listen or even believe us.
- Bought a tent to cover in Mylar. This is my new form of defense with the beam steering from the Radome systems
- Husband is experiencing Torture through forced orgasm. Attempt to force him to ejaculate while sleeping. Spill all life force energies that we have been building. 2 forced orgasms from porn style dream harassment.
- Giardia Protozoa forced through Etheric parasitic infestation from the beam steering. An entire wave of Spiritual deliverance sessions to address what is going on.

I am choosing to close out all logs as of AUG 27 2024 in order to free up more space in my field to create projects that are in higher alignment with my highest and purest truth.

DREAM MANIPULATION LOGS - DREAMING IN DIGITAL REALMS

10.29.24 6:34 AM

People kept shoving porn in my Face attempting to force me to watch it. Naked woman everywhere, vaginas everywhere and someone behind me trying to play off of an old mindset when I was a child addicted to pornographic material from prior alien manipulation of my sexual energy around age 6. Every single time I would say no the people in this area would Shove the porn into my face a little harder with little Digital screens playing more sadistic style material. Scene changed to living in an apartment and these women started having sex with one another in my bathroom. They just barged in and started doing sexual deprivities of all sorts. I found it to be disgusting and I tried to tell someone so that they could kick them out of my room. The people Laughed at me and told me That I should like that. I was appalled. I Woke up Feeling completely drained and had inserts of aggression and disgust in my body that I had to clear out. There was also a scene where feces/potentially black goo was being sprayed all over me and I couldn't get it off and everyone around me was laughing at me.

11.1.24 6:40 AM

Please note the time match. I always have vivid simulation memory around 5-6 AM. Several different washes of happenings that really do not make any coherent sense. One area there was this murder scene and everyone around me was trying to make it seem like I did the gruesome act and that I need to go tell the police. Everyone around me was telling me "so how does it feel To kill?" And I looked at them attempting to tell

them through lucidity that I am harmless and I know I didn't do that, I would never. Every one around me insisted for me to sit down and think about my actions because I did indeed do that and that they saw "with their own eyes" me do it. They tried to bring the bloody weapon that was used on the child and woman and set it on my lap trying to switch my lucidity into that I did it, or my mindset that I did the killing. I started yelling at everyone around me to back up and I was attempting to leave and forcefully remove myself from the simulation. The guy said "stuff like that doesn't work here" and he hit me and I got knocked out. Woke up here back on Earth. The next scene was a man trying to hold me down telling me "you have an implant in your nose that I have to get" he was so forceful about the removal of whatever was up my nose and very deep near my brain...somewhere in here the man was taking out the implant with this like magnetic tool. He pulled it out of my left nostril. He showed me the entire thing after it was out and it looked like a white long worm that kinda looked technological and I remember feeling my nose there and I was explaining that I felt so much better after it was taken out. The man tells me I had to take that out and left just as quick as he showed up. The rest of the night was filled with garbage of spacey muddy black memories that I can not recall at the moment.

11.4.24 7:38AM

The only thing I remember was being forced into hand to hand combat with hybrids that kept shapeshifting on me as like evil cabbage patch kids. They looked like mentally insanity if that could be an embodiment. I kept fighting them off my body and going hand to hand with them. I remember two helicopters flew over wherever I was and they were spying on me out there and I could feel it. I felt like someone/something none human was overlooking/watching the entire simulation while I was going through hand to hand combat type things. Woke up feeling utterly drained, low vitality. There has been this new form of attack from THEM where normally I have so much cosmic love for my body and the being that I am, but I wake up feeling disgusted with myself and I feel like my body "odor" and breath has this forced nasty smell. Before the list I naturally had a sweet smell to my bodily sweat and other fluids - I feel like they change the way I smell on a pheromone level in regard to connecting with my husband.

11.7.24 7:00 AM

Vivid torture like stuff ~ I was walking outside and I heard a loud sound blaring over where I was. I was simulated upon a horse farm and I was getting ready to take the horses out from the stalls into the paddock. I heard this loud aircraft sound and I had already knew it was a helicopter so in this area I was trying to see was it the police ? The military? (I did the same thing I do in my waking life, try to get the evidence and get it recorded) except for this one the helicopter flew over and then turned around and got really low and started chasing me around (which I've had happen in waking life) and the entire helicopter felt satanic/ demonic. I remember thinking to myself like I have to get away right now.... The thing turned around and for some reason I had my phone in

my hand now and I had old contacts up from the military on some list and sergeants started calling me and I was just trying to get away from the helicopter. I decided to book it to the other barn where there were other people while it was swinging around to the back side and I made it into the barn before it came Around the front again circling me. I remember my body going into panic mode. Then I woke up.

****Note:** when a helicopter blazes over me In my 3D life, when I am hanging outside or enjoying my life my physical body gets shot up with something like an attached EMF weaponary and immediately my emotions are forced into anger and rage, aggression and I have to stay neutral and not let these artificial Emotions spiral my Organic emotions and open up demonic portals. When we spiral out of control with our emotions like yelling, screaming, it opens doors to the demonic realms to attach onto you. I always feel like a residue and a “ruining of my day” when helicopters blaze over the house. I may wake up wanting to dance, have fun, enjoy my life, workout, create more content- a helicopters blazes over the house at maybe 800 ft 150 Mph , after my entire body / mind doesn’t want to do any of that anymore and my mind is filled with suicidal thoughts. These are attacks from something forcibly trying to change my personality and drive me into suicide. I have been gaslit by Targeted Justice when I contacted them providing evidence for their court case on other TIs and they told me that my attacks aren’t from helicopters and that of from a nearby cell phone tower... they then also Proceeded to tell me that since I wasn’t a doctor with letters in front of my name that they didn’t want my evidence and that they didn’t need anymore evidence for their court case. All of it was rude, they asked me if I had donated recently and that I should look at their website for more information about targeted individuals because I do not understand what is attacking me. That is how they talked to me. I do know for the most part this is the result of mind control. Had somebody not been doing forced speech they might had been willing to listen to another Targeted Individual that is very knowledgeable about this program and MILABS. I’ve noticed when trying to tell people about the uploading of our soul and the contactless brain mapping the individuals pick the stance of going “that ain’t happening to you, I don’t believe you” and right when I am willing to show them the evidence and explain to them how it works they go - “ I don’t have time to talk I am busy” this is the other reason why I have a completely separated YouTube channel (called clarity in truth) to expose all of things like these because I am absolutely isolated from any human giving me an ounce of compassion these days. It wasn’t like this before the list. Before the list I had a good relationship with my family, great relationship with Krystal star guardian host networks, I had trust worthy friends that were on the same path as me and we expressed loving connections and conversations with one another. After 5 months being on the list everyone and everything is wiped away from my life..... only beings that stood the deployed mind control was my beloved husband and my telepathic connection to our spiritual families. It isn’t hard to have immense compassion and a loving heart towards any human, when I talk to them though I do get absolutely thrown rudeness and forced speech. This is

another reason why I do not have comments on for any video, blog post and or other content that becomes available..

11.12.24 6:32AM

First wash I was deep in the water. They told me I was thousands of feet underwater. Felt like the dome over Sandy's house in Sponge Bob square pants. I was with this other guy working on some type of microwave sonic weapon in the ocean under the ocean and deep under. I wasn't under the ground in the ocean I was on the ground deep in the ocean. This is all I remember. I think I might have seen military uniform around me and it felt like I was near "Iran"

For the first time this didn't feel like a simulation~ it's felt... connected to Milabs, SSP DUMBS, and reptilian forces living in deep submarine living complexes.

Second wash: I remember having to clean up blood wherever I was and it was a lot of blood. The floors were drenched in blood. Some reptile entity dressed as my dad playing on guilt cards that I haven't talked to them in years due to mind control weapons. I remember I was crying super hard where this was and I believe they were feeding off of it. Something about the false golden age and I was looking up videos about the golden age but in the videos it had desolate places and I think they were trying to program me to carry a certain timeline or experience in my body for my consciousness to manifest through reverse means which will never work anyways.

At this point I can definitely tell we got switched to a separate location. I ask God Force to show me where we are placed so that I can take my soul aspects out in perfect timing.

11.13.24 5:32AM

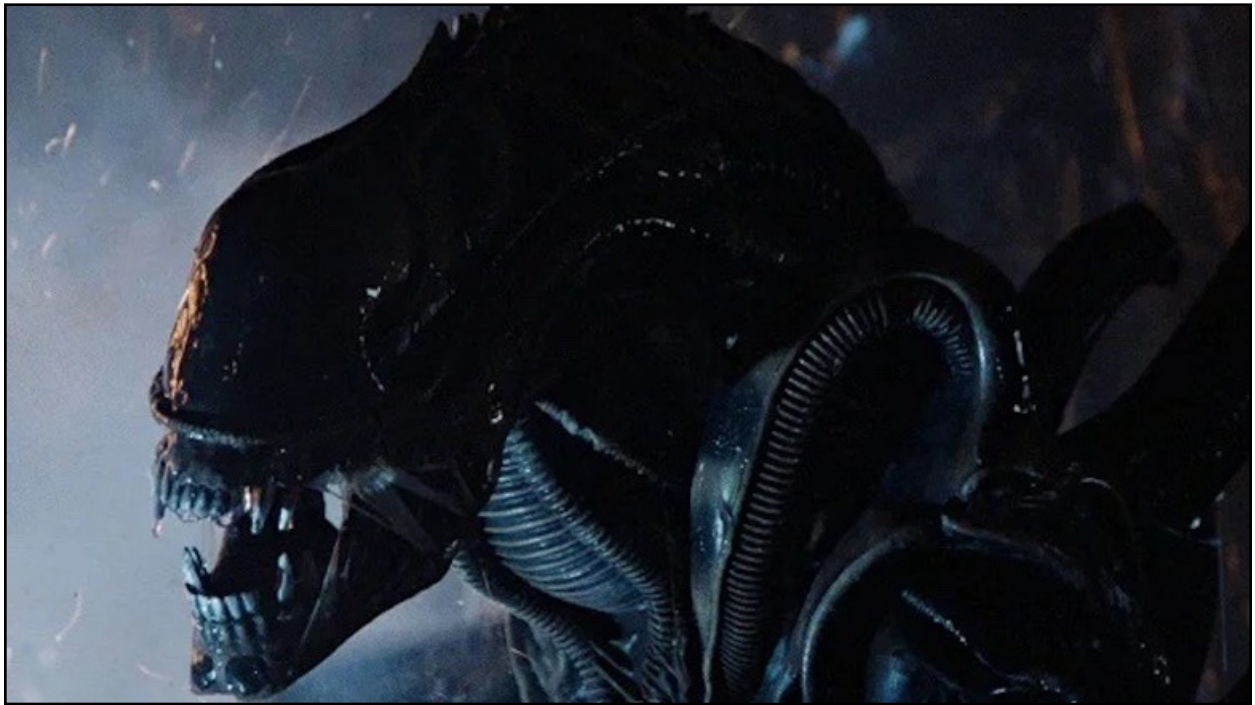
Whatever location I have been switched to or uploaded to is absolutely disgusting. My body feels like it has been sprayed by disgusting vitriolic satanic reptilian energy. I am not going back to bed after this one, if I am tired through out the day I will have some raw milk and raw organic chocolate to boost my energy levels. I have got to figure out how to get my husbands and I soul aspects out of wherever we are forced to travel. This is everynight, but lately the torture has been really turned up. Everynight they try to pull my husbands life force energy through forced orgasm, sleep state sexual abuse constantly. I am still being woken up at the hours of 2AM -onward. The forced or controlled dreaming gets really vivid and bad from 1/2AM till 7ish AM. I never really get nourishing sleep. My sleep has been ruined since being forced through this program-since the uploading of my soul aspects into places and realms where negative aliens

can have me their way. It is absolutely vitriolic and disgusting. I am starting to not like sleeping and wish to ask for assistance in activating my DNA so that I no longer have to sleep. I feel drained like someone has sucked on my energy and now I have to replenish my own energy. I leverage all my clearing tools, I set my space before sleep, wifi is all off, I set sleep state intentions and this still happens because my soul aspects has been uploaded and they control the travel that my soul would do organically. They force my soul to travel into fallen and demonic realms every single night. It is just that it has gotten so much worse since I am actively healing alien abduction Trauma. Alright, so now let me tell you about the forced dreaming.. it is not even dreaming it is straight torture. Everybody needs to know that some people have their entire life controlled by a satanic negative alien force and this is the result of the Targeted Individual Program and alien abductee Black Ops Handlers. I live my life connected to guardian host networks, serving the Christos mission through my writing and other grid working projects then when it time to sleep I go right into the hands of blood lusty and disgusting reptiles.

The torture ~

I popped up into this room that was simultaneously a room on a jet/plane but the plane was controlled by a phone. I popped up and the entity chose to use a drill sergeant from my basic training that I thought was handsome. This was the mind of my 20 year old self having sexual fantasies in basic training about the male drill sergeants that were training the platoon that I was in. They used this level of consciousness that was being mind controlled out there. I had no recollection of myself being in a sacred marriage and married to my beloved husband with so much natural love for the world and others. In this area he was talking to me and he gave me a parachute for jumping (airborne school) and I was so ready to jump because I would be jumping out of a personal plane at whatever height I wanted and I was telling him that this would be my 17th jump which matches my time when I was in the military and then the whole thing switched we were in a room with a bed and this thing was being really nice and fake nice something was up. My clothes were off and he was commenting on how he loved the figure of my body and I told him this isn't anything I am interested in and then the entity started losing it. The entity in the suit of the older drill sergeant started groping me and it was like I was being addicted to the lusty energies that were coming from my body, it was electric and my mind was diving deeper into this artificial euphoria- my libido was being ignited artificially and I kept saying this is not what I want. I am not doing this, I pushed this thing off of me because none of these things were my values organically. I do not do this... so I shoved him off of me and I looked back and this suit of a what I thought to be a person was now a nasty black alien looking back at me with razor sharp teeth and slick wet glossy black skin coming after me and he was saying how he just wants food and that I would be delicious. Yelling and screaming at me as I started running. I ran out the front door and kept running and then somehow I found my old highschool friends and I told them everything but I didn't realize these were aliens too. I could tell by their slitted vertical eyes. I kept running and looking out every window I ran near to make

sure that the thing isn't following me. This is an accurate description of the alien that was feeding off my life force energy.



Then I woke up here covered in nasty satanic energy oozing out of my skin. I now will promptly bring this up at the next briefing I have with Krystal Star and start finding solutions after I work my clearing tools and make sure I am clear to communicate with the higher time-fields.

ΛΛΛΛ

As an update this experience was rather rough on me and did not “wear” off until afternoon and after I had ate a lot of ground beef and bone broth to assist my body in grounding fully. I have noticed that a eating lifestyle of carnivore + some fruit, raw milk, raw liver serves me deeply in staying grounded and nourished while they use every EMF laser like weapon on my body from the space based satellite systems. I have openly talked to many people about the attacks but it keeps falling on ears that are empty and do not understand what I am saying and then resort to sticking the crazy label on me. I will eventually find someone for a strong and firm



legal case that represents other TI's.

11.14.24 7:15 AM

There is a lot to put here because a helicopter flew over the house in the afternoon and switched our locations as far as simulated dreaming. When you travel out into the outer time fields in some of these phantom matrixes there are a bunch of stacked simulations and digital realities that other people have been uploaded to mainly other targeted individuals. I have seen a countless number of times that some helicopters with an Inter dimensional entity attached which I call algorithm assailants are involved in switching our locations or where our uploaded souls are to other digital realms. I am still learning how all of the pieces work as far as being uploaded to a digital realm and the making of digital twins. I know the D -Wave super computer generators have a lot to do with this as well as the scripted algorithm attacks of voice to skull or voice or god technologies and or demonic attacks that can insert thoughts into your mind that are not organic to your natural state of being. I'm still piecing all of this together as we go.

Anyways I can clearly feel that my soul aspect had been switched to an alternate location. This location did not feel nearly as sadistic and or sexually deviant but there were still sexual abuse ongoing where I was moved to. What I do remember was being drugged by some-type of drug out there that completely made me black out and when I woke up still in the simulation or location a man walked up to me and told me that he drugged me and raped me and that every man in the room also raped me. I looked at him and it felt as if he recorded everything as potential black mail but I wasn't understanding what he was saying because I was coming out of the drug induced state. I looked at him and was a little confused because I didn't felt like that happened and then he asked me if I enjoyed that? With laughter. I was starting to become a tad bit more lucid and half of me wanted to spit in his face as my answer, but decided to respond with the fact that I am not going to play your anti-Christ war games. This person was explaining to me how he was a black dragon king and that I should seriously look at serving their order. I started laughing and said how clever- trying to get me to stop serving the Christos mission. I know intuitively that I am always forced to interact with slimy satanic people when I am sleeping and then in the day time on earth I am serving Cosmic Sovereign Law with every fiber of my Being. He was explaining the satanic structure of black magicians and their black dragon bat bodies that practice vampiric SRA. There were the discussions of Black Dragon Queen Networks and trying to force my body in creating lunar streams of black sexual fire for their use. All of it was conversations about the structure of their alien machineries and that I could have access to all of it if I quit what I am doing in my waking life on earth. I realized that he was trying to make me consent to certain things kinda like how the government consented and sold out all of humanity to warring negative factions for alien abductions and things that serve their satanic agenda. I was looking at him listening to the build out

of their structure and how they use this powder - it sounded like a dirtier form of white powder gold. I know the authentic stuff they were looking for was celestron powder. That isn't available to them. I did find out how they use it though.. he kept talking and devolving more stuff that I already knew and in my head I was thinking about how I was going to decimate their race line and all of their alien architecture. At the end he looked at me and asked me to join his side. I laughed. Never. I started kicking and screaming to send me back to my body, cosmic mother is going to come find you and decimate you. The being tried to hit me and sent me back here on earth.

My soul was pulled out of these Digital Realms in Jan 2025

WRITTEN DIARY ENTRIES

April 18th 2025 My Awareness

I am fully aware at this point that my attackers, much like every other targeted individuals attacker and or stalker is an alien human hybrid with connection to certain planetary corporations, because the Targeted Individual Program is a Secret Space Program so most of the attacks are sourcing from a Non Human Intelligence or a life force that is not at all human and is considered a Negative Alien. These Negative aliens who have a hierarchal structure in the Planetary Corporations like Black Shield or Monarch are the entities and demonic essences, false kings and queens of darkness and chaos, who run secret space program and the enslavement of humanity. All secret space programs were only made and payed to continue the more than 100,000 years spiritual war against the Solar Christos Forces that made this entire time matrix. These Negative Aliens are the intruder forces and THEY ARE NOT OUR FRIENDS. ALL OF THEM MUST BE DECIMATED. I am currently setting my sights and goals on learning ways to get further into the public eye and into the political sector because I want everyone to know about this heinous targeting program and so that I as (whatever position I get myself into, or my husband gets into) can take this down and expose it for what it is. All military and military/ governmental contractors are involved and I have hard- cold evidence of alien genetics/ alien human- hybrids attacking us with Airforce Rivet Joints and other aircraft with insanely massive radar systems. My awareness is only at this level due to setting the intention everyday to walk upon the Diamond Sun Pathway, which is the path of organically bio-regenerating the 12 Stranded DNA Diamond Sun Template, which should be ALL of our intentions when interacting with our organic ascension process. It was yesterday that I found out that I have fully been able to anchor myself into about 10 strands of Solar light accretion levels as per Activated

DNA. This marks my second birthday on this program, turning 27 this year, and the attacks aren't getting any better or worse- they are staying constant. I have taken it upon myself to constantly speak about it, whether it is on my diary podcast or a daily entry here regarding the annotation of my experienced attacks.

Let's make it very clear so we understand where ALL of my information comes from- I am in direct contact with Emerald Order Guardian Races who built this time matrix. I am a Founder Representative of both Elohei and Seraphei race lines as my contracts have been merged due to the downfall and complete mind control of several other Christos family members. I incarnated in here knowing my mission, my mother has race connections to being a Pegasus founder (all though she isn't awakened to this) she gave birth to two daughter - my sister and I. Both me and my sister are indigo grail line children making myself an Indigo 1 and her an Indigo 2. My sister at this point in time has not awakened to her divinity. This is what I know as far as our contracts, I was birthed down here onto earth as a Indigo 1 Contracted Cosmic Dragon Starhuman with a Solar Rishic level Genetic Equal- Solar Dragon Aeonic Pairing (My Husband Raytheon) Being a Cosmic Dragon Starhuman means that I have the ascension design of being Mother's Maji Grail Solar White Queen, white diamond feline goddess form, and emanating in a shared solar dragon body which makes me embodied as a solar dragon for this ascension time cycle. It is the true solar dragons, Cosmic Phoenixes and Maji Grail King and Queens that restore cosmic order through the essence of our Holy Cosmic Father which for this planetary body is Father of all Dragons MeTAtron addressed as Pink Sun MeTAtron.

As I continue to write my diary entries, it gives me a way to speak and or write about certain subjects, right now my attacks are so extreme that is is very hard to get ascension related material out there like my planetary news articles, ascension meditations, and SMT Classes. I, for the most part, are embodying the knowledge to teach about it at a later date even know by then everything will be outdated to myself as more information is being taught and learned everyday. I literally have so much to teach and speak about that I feel like my creative flows are clogged and or damned up because It takes focus and time to write and teach about such things and I unfortunately do not have that with how many attacks are going on at the moment that constantly break my stream of focus and the ability to create in a quiet and non- chaotic place.

These are the topics that I will go over on another day:

- my contract merge with Gold Sun DNA, Gold Order Seraphei Avian Phoenix Founder

- Radar Attacks to unplug my DNA
- The attempt to take my body over and infiltrate my Consciousness before Mother of all Phoenixes returns back into this time matrix
- I am reclaiming the body of Tiamat through my embodiment
- The down fall of other Christos family members

**I AM CHOOSING TO CLOSE OUT THE WRITING ENTRIES AS I WOULD
RATHER SPEAK ON MY PODCAST FOR BETTER USE OF MY
ENERGETIC SYSTEM.**

EMPOWERMENT FOR TARGETED INDIVIDUALS & MILAB/SSP ABDUCTEES

The Support Archive - Timeline of Attacks

The audio series that covers the explanation of attacks that has happened over the past two years. Thus far this series has been discontinued due to the uproar of attacks. The Personal Diary podcast was made after it's last episode.

Audio Support - Quick Display of Clearing Treatments

These are quick clearing treatments that are most beneficial played out loud before time of rest. These are specifically made to support the greater whole of everyone who is a targeted individual and is being attacked by covert electronic weaponry. The EMF Calibration should provide much help and support to our dear community as we seek justice for these criminals. I will also be adding more quick clearing treatments for support.

Full Disclosure Information Series

An audio and potential future video or visual series that goes over all Information needed for global disclosure, and a way that keeps us well informed with all things the stellar starfire ascension cycle.

Clarity in Truth YouTube Channel

The YouTube channel that contains content creations of the Full Disclosure audio segments, all Targeted Individual evidence streamers and the alternate place to find the personal diary of Riza Harris and her many testimonies of fighting for the disclosure timeline.

****Please be advised that all content on this channel will soon be available offline on a different video player platform. All content from Truth of Riza will be available in it's own video library powered by Vimeo:)****

The Emerald Toolkit - either the Early Release or the Finished

Foundational handbook that was written to provide ways to defend the attacks that targeted individuals experience and provide assistance in the ascension process.

I choose the organic timeline. I choose the organic timeline. I choose the organic timeline with the entirety of my being. I choose to stand for the patterns of perfection for every human being NOW. I choose my personal edenic blueprint actualized as a physical waking reality for me to live and enjoy in complete service to God.



A QUICK THANKS

Thank you for reading and supporting the Truth of Riza Platform, I sincerely hope that these notes provided everyone with truth frequencies that are so needed at this time regarding what is going on in the external right now(2025). I would like to take a moment now to express gratitude to our beloved family of Krystal Star who has mentored my husband and I consistently in learning how to defend and deflect all attacks from anti-christ forces running the Targeted Individual Program, as well as learning how to properly embody guardian consciousness with precision. May our beloved Holy Mother and Holy Father assist us and guide us to fully dismantle ALL sinister secret space programs for the greater good of all of humanity, and so it is, Thank you GOD!

*COSMIC ORDER IS RESTORED
EMERALD ORDER HAS RETURNED
EDEN IS HERE NOW!
EMBODIED DIAMOND SUN TEMPLATE - I AM THE DIAMOND SUN NOW!
PARADISE ETERNAL DREAMING
ETERNAL COSMIC OPULENCE*